

Grade 4: Fall Overview

No. of Units	No. of Days	Unit Focus
1	5	Orientation – Management Skills
2	5	Manipulative Activities – Hoops
3	5	Fitness – Pedometers
4	5	Fitness Testing
5	5	Manipulative Activities - Throwing
6	5	Football Related Skills
7	5	Gymnastics Skills
8	5	Fundamental Skills – Scooters & Relays
9	5	Cup Stacking
10	5	Soccer Related Skills – Dribbling, Kicking
11	5	Fundamental Skills using Parachute Activities
12	5	Playground Games & Recreational Activities (eye hand or foot hand coordination)
13	5	Rhythm: Tinikling (rhythm bands)
14	5	Jumping: Jump rope skills
15	5	Fitness Testing
16	5	Holiday Games

80 days –Grade 4: Fall