

# CURRICULUM VITAE

**Deborah J. Rhea**

Texas Christian University  
Ft. Worth, TX 76129

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## EDUCATIONAL BACKGROUND

**DOCTOR OF EDUCATION:** University of Houston  
Physical Education  
Emphasis in Sport Psychology and Pedagogy  
Cognates in Motor Learning and Development  
Completed May, 1995

**MASTER OF EDUCATION:** University of Houston  
Physical Education  
Emphasis in Sport Psychology and Pedagogy  
September 1990 - May 1992

**BACHELOR OF ARTS:** University of Texas - Arlington  
Exercise and Sport Studies  
Teaching Certificate - Texas  
September 1975 - May 1980

**Present Rank:** Full Professor

### **Previous Teaching and/or Research Appointments:** (Full time)

**Associate Dean of Research and Health Sciences**, Harris College of Nursing and Health Sciences, Texas Christian University, Fort Worth, TX. Fall, 2008 – present.

**Professor**, Department of Kinesiology, Texas Christian University, Fort Worth, TX. Fall, 2010 to present.

**Associate Professor**, Department of Kinesiology, Texas Christian University, Fort Worth, TX. Fall, 2002 – 2010.

**Assistant Professor**, Department of Kinesiology, Texas Christian University, Fort Worth, TX. Fall, 1999 - Summer, 2002.

**Assistant Professor**, Department of Health and Human Performance, Iowa State University, Ames, IA. Fall, 1996 - Summer, 1999.

**Visiting Assistant Professor**, Department of Health and Human Performance, University of Houston, Houston, Tx. Fall, 1995 - Summer, 1996.

**Graduate Teaching Fellow & University Supervisor**, Department of Health and Human Performance, University of Houston, Houston, Tx. Fall 1991 to Spring 1995.

**Secondary Schools - Teacher/Coach**, Cleburne ISD, Cleburne, Texas; DeSoto ISD, DeSoto, Texas; Cypress-Fairbanks ISD, Houston, Texas. Fall 1980 to Spring 1991.

**External/Internal Support Sought and/or Funded:**

**Rhea, D. J.** (Aug. 2012). Exploration of the Finland K-12 Schools: Developing a Model for Educational Transformation in Texas. *TCU Invests in Scholarship Grant*. Awarded \$4,000.00.

Eagle Mountain Saginaw (EMS) ISD & **Rhea, D.J.** (2011). Mission Possible (Grades 6-12). Carol M. White Physical Education for Progress Federal Grant. Not-funded - \$499,472.00. A collaboration effort between EMS ISD and TCU faculty member (D. Rhea), Carol Siegel, EMS ISD - Co-Investigators.

Weinberg, M., **Rhea, D.**, Reynolds, S., Crawford, L., & Weber, K. (2012). Heads in the Cloud: 21st century tools transforming teaching and learning. National Science Foundation. Scored, resubmitted: \$549,681.00.

**Rhea, D.**, & Solomon, G. (2010). International Collaborations: TCU & the Deutsche Sporthochschule Koln (German Sport University, SPOHO). Faculty Development Program for International Studies. Awarded: \$5,000.00.

**Rhea, D.J.** (2009). Breaking body image and eating disorder stereotypes: Educate diverse groups. TCU Institute on Women and Gender Grant. Awarded - \$2,500.00

Barbee, J.J., Mitchell, J., **Rhea, D.J.**, Upton, D., & Cheek, D. (2008). The effects of a single bout of aerobic exercise on measures of endothelial function. *AAFP Research Stimulation Grant*. Funded - \$5,000.00.

Fort Worth ISD, & **Rhea, D.J.** (2004-2007). Shape the Future (Grades 9-12). Carol M. White Physical Education for Progress Federal Grant. Funded – 3 Year: \$873,970.00. A collaboration effort between FWISD and TCU faculty member (D. Rhea), Georgi Roberts, FWISD - Co-Investigators.

Fort Worth ISD, & **Rhea, D.J.** (2003-2004). Project MOVE (Grades 6-8). Carol M. White Physical Education for Progress Federal Grant. Funded - \$350,472.00. A collaboration effort between FWISD and TCU faculty member (D. Rhea), Georgi Roberts, FWISD - Co-Investigators.

Fort Worth ISD, & **Rhea, D.J.** (2002-2003). Project Move Early and For Life (K-6). Carol M. White Physical Education for Progress Federal Grant. Funded - \$448,920.00. A collaboration effort between FWISD and TCU faculty member (D. Rhea), Georgi Roberts, FWISD - Co-Investigators.

**Rhea, D.J.** (2000). Validating the use of heart rate monitors in the middle school setting. James H. Davis Foundation Grant. Awarded - \$3,400.00.

**Rhea, D. J.** (1997). Exercise promotion in physical education: Equipment to meet individual needs at the middle school setting. Des Moines Consolidated School District Grant. Awarded - \$15,000.

Goodway, J. D., & **Rhea, D. J.** (1994). Validation of instructional materials for an integrated math, science, and movement education intervention. University of Houston Limited Grant-in-Aid Program. Awarded - \$2,000.00.

Goodway, J. D., **Rhea, D. J.** (1994). A needs assessment of the motor development and cardiovascular fitness of preschool children who are at-risk of a developmental delay. University of Houston Research Initiation Grant Program. Awarded - \$6,000.00.

Rudisill, M. E., **Rhea, D. J.** (1994). Planning macroscopic aspects of manual control: A preliminary developmental investigation. University of Houston Limited Grant-in-Aid Program. Awarded - \$1,920.00

### **Presentation of Scholarly and Creative Activities:**

#### REFEREED PUBLICATIONS:

**Rhea, D.J.,** & Mann, K. (submitted 12-10-12). Variables impacting obesity in Division I & high school football players. *Journal of Obesity*.

Shah, M., Copeland, J., Dart, L., Adams-Huet, B., James, A., & **Rhea, D.J.** (submitted 12-2012). The effect of changing the eating speed on energy intake: A randomized cross-over study. *Journal of Human Nutrition and Dietetics*.

**Rhea, D. J.,** & Thatcher, Gregory (accepted, 2013). Race, Ethnic Identity, Self-Esteem and At-Risk Eating Disordered Behavior Differences of Urban Adolescent Females. *Eating Disorders: The Journal of Treatment & Prevention*.

**Rhea, D.J.,** & Lockwood, S. (2012). Adults surviving lung cancer two or more years: A systematic review. *Joanna Briggs Institute (JBI) Library of Systematic Reviews, 10 (34), 2295-2349*.

Martin, S. B., **Rhea, D. J.,** Greenleaf, C. A., Judd, D. E., & Chambliss, H. O. (May, 2011). Weight control beliefs, body shape attitudes, and physical activity among adolescents. *Journal of School Health, 81 (5), 244-250*.

**Rhea, D.J.** (2011). Virtual physical education in the K-12 setting. *Journal of Health, Physical education, Recreation, & Dance, 82 (1), 5-7*.

**Rhea, D.J.,** & Martin, S.B. (2010). Personality trait differences of traditional sport athletes, bullriders, and other alternative sport athletes. *International Journal of Sports Science and Coaching, 5 (1), 75-85*.

**Rhea, D.J.** (2010). Back to the basics: Eat right and get active. *Journal of Health, Physical education, Recreation, & Dance, 81 (3), 5-7*.

**Rhea, D.J.** (Jan., 2009). The color of my skin and how much money I make: Protectors or risks of the body. In *Beyond Sorority Sisters and Gymnasts: Body Image and Eating Disorders in Diverse Populations*. Reel, J., & Beals, K. (eds.), NAGWS publication.

**Rhea, D.J.** (May/June, 2009). The Physical Education Deficit in the High Schools. *Journal of Physical Education, Recreation, and Dance (JOPERD), 80, 3-5*.

Smith, D., Hale, B., **Rhea, D.J.,** Olrich, T., & Collier, K. (Nov., 2009). Big, buff, and dependent: Addictive behavior in bodybuilders. In *Men and Addictions*, Columbus, F. (ed.): Nova Publishers: New York.

- Magnusen, M., & **Rhea, D.** (2009). Division I athletes' attitudes toward and preferences for male and female strength and conditioning coaches. *Journal of Strength & Conditioning Research*, 23 (4), 1084-1090.
- Greenleaf, C.A., Martin, S.B., & **Rhea, D.J.** (Nov., 2008). Fighting fat: How do fat stereotypes influence beliefs about physical education? *Journal of Obesity: Supplement Issue on Weight Bias*, 16, S63-69.
- Solomon, G.B., & **Rhea, D. J.** (2008). Sources of Expectancy Information among College Coaches: A Qualitative Test of Expectancy Theory. *International Journal of Sports Science and Coaching*, 3 (2), 251-268.
- Greenleaf, C., Chambliss, H., **Rhea, D. J.**, Martin, S. B., & Morrow, J. R. (2006). Weight stereotypes and behavioral intentions toward thin and fat peers among White and Hispanic adolescents. *Journal of Adolescent Health*, 39, 546-552.
- Pease, D. G., **Rhea, D. J.**, & Zhang, J. J. (2006). Coaches and athletes' assessment of leadership behaviors in high school female volleyball players. *International Journal of Sport Management*, 7(3), 1-17.
- Rhea, D. J.**, Lantz, C.D., & Cornelius, A. (2005). Development of the Muscle Dysmorphia Inventory (MDI). *Journal of Sports Medicine and Physical Fitness*, 44, 428-435 .
- Reeser, J.C., Willick, S., **Rhea, D.J.**, & Berg, R. (2005). Motivation and Satisfaction among Polyclinic Volunteers at the 2002 Winter Olympic and Paralympic Games. *British Journal of Sports Medicine*, 39, 20-33.
- Rhea, D. J.**, & Lantz, C. D. (2004). Violent, delinquent, and aggressive behaviors of rural adolescent athletes and non-athletes. *Physical Educator*, 61, 170-176.
- Lantz, C.D., **Rhea, D.J.**, & Mesnier, K. (2004). Eating attitudes, exercise identity, & body alienation in competitive ultra-marathoners. *International Journal of Sport Nutrition and Exercise Metabolism*, 14, 406-419.
- Wiginton, K., **Rhea, D.J.**, & Oomen, J. (2004). Using the Anger Response Inventory to evaluate the effect of shame and guilt on interpersonal communication skills. *American Journal of Health Education*, 35, 152-157.
- Thatcher, G., & **Rhea, D.J.** (2003). Influences on body image and disordered eating among secondary school students. *American Journal of Health Education*, 34, 343-350.
- Lantz, C.D., **Rhea, D.J.**, & Cornelius, A. (2002). A test of a conceptual model of muscle dysmorphia using elite-level body builders and powerlifters. *Journal of Strength and Conditioning Research*, 16 (4), 649-655.
- Rhea, D.J.**, & Lantz, C.D. (2001). The drive for size: Characteristics and influences of muscular dysmorphia disorder. *International Sports Journal*, 5 (1), 71-86.
- Rhea, D. J.** (2001). Congruence of coach perceptions and athlete self-evaluation of leadership behaviors. *USA Volleyball Journal*, 14, 15-17.
- Rhea, D. J.**, & Solomon, G. B. (2000). Goal setting in volleyball. *Sidelines*, 11(3), 5-6.

- Rhea, D. J. & Wiginton, K. (1999).** Cognitive mapping: Its use as an assessment tool for disordered eating. *Women in Sport and Physical Activity Journal*, 8 (2), 63-72.
- Rhea, D. J. (1999).** Eating disorder behaviors of ethnically diverse urban female adolescent athletes and non-athletes. *Journal of Adolescence*, 22, 379-388.
- Rhea, D. J. (1999).** Proactive seminars for student teachers. *Journal of Physical Education, Recreation, and Dance*, 70 46-49.
- Rhea, D.J. (1998).** Physical activity and body image of female adolescents: Moving toward the 21st century. *Journal of Physical Education, Recreation and Dance*, 69, 27-31.
- Rhea, D. J. (1998).** Body image perceptions of female adolescent volleyball players. *Sidelines*, 9 (1), 2-3.
- Rhea, D. J., Mathes, S. A., & Hardin, K. (1997).** Video recall for analysis of performance by collegiate female tennis players. *Perceptual & Motor Skills*, 85, 1354.
- Rhea, D. J. (1997).** Socio-psychological factors affecting the desire of female volleyball players to be leaders. *Journal of Coaching Volleyball*, 20-21.
- Rhea, D. J. (1997).** Eating disorders: Ethnic differences of volleyball players. *USA Volleyball Journal*, 10, 18-19.
- Rhea, D. J., Wiginton, K., & Jambor, E. A. (1996).** Educational strategies in prevention of eating disorders. *Journal of Health, Physical Education, Recreation, and Dance*, 67, 66-68.

#### PUBLISHED BOOKS

- Rhea, D.J. (2012).** *High School Physical Education: Outdoor Education*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *High School Physical Education: Personal Foundations*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *High School Physical Education: Cardio*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *High School Physical Education: Team Sports*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *High School Physical Education: Individual/Dual Sports*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *Middle School Physical Education: Curriculum Framework 8*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *Middle School Physical Education: Curriculum Framework 7*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.
- Rhea, D.J. (2012).** *Middle School Physical Education: Curriculum Framework 6*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

**Rhea, D.J.** (2012). *Elementary School Physical Education: Curriculum K*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

**Rhea, D.J.** (2012). *Elementary School Physical Education: Curriculum 1*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

**Rhea, D.J.** (2012). *Elementary School Physical Education: Curriculum 2*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

**Rhea, D.J.** (2012). *Elementary School Physical Education: Curriculum 3*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

**Rhea, D.J.** (2012). *Elementary School Physical Education: Curriculum 4*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

**Rhea, D.J.** (2012). *Elementary School Physical Education: Curriculum 5*. TX: Finer Freelance Publishers. 2<sup>nd</sup> edition.

#### NON-REFEREED PUBLICATIONS

**Rhea, D.J.** (September, 2009). Getting High School Physical Education Back in the Game. *Education Week*, <http://www.edweek.org> \* <http://www.TopSchoolJobs.org>.

**Rhea, D.J.** (August 6, 2009). Texas Laws Move High School PE in Wrong Direction. *Fort Worth Star Telegram, Opinion Section (Special invited article)*. <http://www.star-telegram.com/242/story/1525263.html>

**Rhea, D.J.** (November, 2004). Let's Get Movin' on PE classes. *Fort Worth Star Telegram, Health Section (Special invited article)*.

**Rhea, D.J.** (2001). Frameworks for sport psychologists: Enhancing sport performance. Book Review. *The Sport Psychologist*, 15, 352-354.

Solomon, G.B., & **Rhea, D.J.** (Fall, 2000). Continuing Education Conference Report, 2000. Association for the Advancement of Applied Sport Psychology (AAASP) Newsletter.

#### RESEARCH PAPERS PRESENTED

**Rhea, D. J.** (2012). *Developing an Educational Model for Texas Schools through Finnish Lessons*. TAHPERD Scholar Lecture. Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD), Galveston, TX.

**Rhea, D. J.** (2012). *Diversity and Body Image: Mindset Shift*. ACSM Research Lecturer. Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD), Galveston, TX.

**Rhea, D. J., & Lockwood, S.** (2012). *Adults surviving lung cancer two or more years: A systematic review*. Joanna Briggs Institute (JBI) Conference. Thailand.

- Hakala, L., **Rhea, D.J.** (2012). How do children perceive “normal” to be in physical education? Finland Association of Educators for Higher Learning. University of Helsinki.
- Rhea, D. J.,** & Lockwood, S. (2011). *Adults surviving lung cancer two or more years: A systematic review.* TCU Harris College Faculty Research Symposium, Fort Worth, TX.
- Reel, J., **Rhea, D.J.,** Lantz, C.L., & SooHoo, S. (2010). *Disorder Prevention in School and Community Settings Sponsoring Association: National Association for Girls and Women in Sport.* (Symposium). American Association of Health, Physical Education, Recreation, & Dance (AAHPERD), Indianapolis, IN.
- Rhea, D.J.** (2010). *The Effects of Perfectionism, Self-Esteem, and Athletic Identity on Muscle Dysmorphia Characteristics.* Association of Applied Sport Psychology (AASP), Providence, Rhode Island.
- Grimes, R., & **Rhea, D.J.** (2010). *Giving Students Choices & Responsibility in High School Physical Education.* Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD), Galveston, TX.
- Reel, J., **Rhea, D.J.,** Bucciere, R.A., Galli, N., & SooHoo, S. (2009). *Breaking Body Image and Eating Disorder Stereotypes: Educate Diverse Groups.* (Symposium). American Association of Health, Physical Education, Recreation, & Dance (AAHPERD), Tampa, FL.
- Rhea, D.J.** (2009). *Creating Policy Change in Your Community.* Invited Speaker. TAHPERD Administrator’s Instructional and Motivational (AIM) Conference, Austin, TX.
- Martin, S.B., Greenleaf, C.A., **Rhea, D.J.,** & Jackson, A.W. (2008). *Variables associated with the perceived importance of weight and role of physical educators on improved health.* Paper presented at the Association of Applied Sport Psychology (AASP) Conference, St. Louis, MO.
- Rhea, D.J.,** & Senne, T. (2008). *7 Habits of Highly Effective Professionals.* Invited Presentation for Texas Association for Health, Physical Education, Recreation, & Dance Conference. Corpus Christi, TX.
- Rhea, D.J.** (2008). *Psyching up or psyching out: How to motivate kids to be physically active.* TAHPERD Administrator’s Instructional and Motivational (AIM) Conference, San Antonio, TX.
- Greenleaf, C., **Rhea, D.,** & Martin, S. B. (2007, February). *Weight Stigmatization among Middle and High School Physical Educators.* Paper presented at the Action on Obesity Summit, Mayo Clinic, Rochester, MN.
- Rhea, D. J.,** & Petta, L. M. (2006). *Does a Bodybuilding Competition Influence Characteristics Associated with Muscle Dysmorphia?* (Symposium). Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Miami, Florida.
- Barnes, J., & **Rhea, D.J.** (2006). *The Role of Psychosocial Variables on the Development of Adolescent Disordered Eating Behaviors.* Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Miami, Florida.
- Rhea, D.J.,** & Prater, C. (2005). *Personality trait differences among male bullriders, extreme sport athletes, and traditional sport athletes.* Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Vancouver, Canada.

- Rhea, D.J.,** Petty, S., & Lantz, C.D. (2005). *Personal trainers and characteristics associated with body image distortion*. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Vancouver, Canada.
- Greenleaf, C., Chambliss, H., Martin, S., **Rhea, D.,** & Morrow, J. (2005). *Project BODY (Beliefs about Obesity among Developing Youth): Reducing Weight Bias and Promoting Physical Activity*. Paper presented at the Action on Obesity Summit, Rochester, MN.
- Chambliss, H. O., Greenleaf, C. A., **Rhea, D. J.,** Martin, S. B., & Morrow, J. R., Jr. (2005). *Middle school students' fat stereotypes, body image attitudes, and behavioral Intentions toward thin and fat peers*. Paper presented at the 52<sup>th</sup> Annual Meeting of the American College of Sports Medicine, Nashville, TN.
- Rhea, D.J.,** Buza, R.A., Lantz, C.J., & Russell, W.R. (September, 2004). The Effect of Ethnic Identity among Perceived Exercise Behavior and Various Exercise Associated Psychological Factors. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Minneapolis, MN.
- Buza, R.A., **Rhea, D.J.,** Lantz, C.J., & Russell, W.R. (September, 2004). *The Relationship of Ethnicity, Gender, and Self-Perceptions Related to Exercise Behavior*. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Minneapolis, MN.
- Wiginton, K., **Rhea, D.J.,** & Oomen, J. (June, 2004). The Relationship between Shame and Guilt and College Students' Interpersonal Communication Skills. American College Health Association's Annual Meeting, New Orleans, LA.
- Buza, R.A., Lantz, C. D., **Rhea, D.J.,** Russell, W.R., Mayhew, J.L. (June, 2004). The Influence of Race on the Relationship among Perceived Exercise Behavior and Various Exercise Associated Psychological Factors. American College of Science and Medicine Annual Conference, Indianapolis, Indiana.
- Rhea, D.J.** (October, 2003). Psychometric Analysis of the Solomon Expectancy Sources Scale (SESS). Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Philadelphia, PA.
- Reeser, J.C., Willick, S., **Rhea, D.J.,** & Berg, R. (June, 2003). Motivation and Satisfaction among Polyclinic Volunteers at the 2002 Winter Olympic and Paralympic Games. American College of Sports Medicine Annual Conference.
- Rhea, D.J.** (April, 2003). *NASPE All-Academy Symposium: Psychological Interventions to Increase Physical Activity*. Invited Speaker. American Association of Health, Physical Education, Recreation, and Dance Conference (AAHPERD). Philadelphia, PA.
- Rhea, D.J.** (March, 2002). *History of obesity: Past to Present*. Invited Speaker. American Association of Health, Physical Education, Recreation, and Dance Conference (AAHPERD). San Diego, CA.
- Lantz, C. D. & **Rhea, D. J.** (October, 2002). Exercise identity, eating attitudes, & body alienation differences in competitive ultra-marathoners. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Tucson, AZ.



- Rhea, D.J.** (November, 2002). Thinking outside the box: Research ideas in pedagogy. Invited speaker. Missouri Association of Health, Physical Education, Recreation, and Dance Conference (MoAHPERD), Lake of the Ozarks, MO.
- Rhea, D.J.** (November, 2002). Impact of a multi-activity model on the fitness levels of middle school students. Missouri Association of Health, Physical Education, Recreation, and Dance Conference (MoAHPERD), Lake of the Ozarks, MO.
- Rhea, D.J.**, Stringfield, P., Webb, B., & Mason, C. (December, 2002). Collaborative ideas worth discussing between school districts and universities. Texas Association of Health, Physical Education, Recreation, and Dance Conference (TAHPERD), Fort Worth, TX.
- Rhea, D. J.**, & Lantz, C. D. (2001). Conceptualization and measurement of muscle dysmorphia. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Orlando, Florida.
- Lantz, C. D., Koch, A., & **Rhea, D. J.** (2001). Muscle dysmorphia indices among competitive body builders, Olympic lifters, and powerlifters. National Strength and Conditioning Association Conference, Spokane, Washington.
- Rhea, D.J.** (2001). Comparison of the multi-activity model and sport education model in determining fitness of 8<sup>th</sup> grade students. American Association of Health, Physical Education, Recreation, and Dance Conference (AAHPERD), Cincinnati, Ohio.
- Rhea, D.J.**, & Lantz, C.D. (2000). Development of the Muscle Dysmorphia Inventory. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Nashville, Tennessee. Published in Journal of Applied Sport Psychology Supplement, 12, S48.
- Lantz, C.D., **Rhea, D.J.**, & Cornelius, A. (2000). A test of a conceptual model of muscle dysmorphia using elite-level body builders and powerlifters. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Nashville, Tennessee. Published in Journal of Applied Sport Psychology Supplement, 12, S74.
- Solomon, G.B., & **Rhea, D.J.** (2000). Sources of expectancy information among college coaches: A qualitative test of expectancy theory. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Nashville, Tennessee. Published in Journal of Applied Sport Psychology Supplement, 12, S50.
- Rhea, D.J.** & Lantz, C.D. (2000). Muscle Dysmorphia: A confirmatory test of a new model. American Association of Health, Physical Education, Recreation, and Dance Conference (AAHPERD), Orlando, Florida. Published in Research Quarterly Supplement, 71, SA-94.
- Rhea, D.J.**, & Lantz, C.D. (1999). Muscle dysmorphia: A new subtype of body dysmorphia disorder. Texas Association of Health, Physical Education, Recreation, and Dance Conference, Austin, Texas.
- Rhea, D.J.**, Lantz, C.D., & Trail, G.T. (1999). Conceptualization and measurement of muscle dysmorphia. Association for the Advancement of Applied Sport Psychology Conference, Banff, Alberta, Canada. Published in Journal of Applied Sport Psychology Supplement, 11, 65.
- Rhea, D.J.** (1999). Ethnic identity and self-esteem as predictors of eating disorders among urban adolescent female athletes and non-athletes. Association for the Advancement of Applied Sport

Psychology Conference, Banff, Alberta, Canada. Published in Journal of Applied Sport Psychology Supplement, 11, S65.

- Roberts, B. S., Lantz, C. D., & **Rhea, D. J.** (1999). Muscle dysmorphia: Its conceptualization and measurement. National Strength & Conditioning Association Conference, Kansas City, Missouri.
- Rhea, D. J.** (1998). Cooperative efforts of student teacher supervisors. Iowa Association of Health, Physical Education, Recreation, & Dance (IAHPERD) Conference, Des Moines, Iowa.
- Cross, P. S., Roberts, B. S., Lantz, C. D., **Rhea, D. J.** (1998). Preliminary development and validation of the muscle dysmorphia inventory. Missouri Association of Health, Physical Education, Recreation, & Dance (MOAHPERD), Kansas City, Missouri.
- Hechst, K., Schell, J., **Rhea, D. J.**, & Lantz, C. D. (1998). Violent behavior of rural high school athletes and nonathletes. Missouri Association of Health, Physical Education, Recreation, & Dance (MOAHPERD), Kansas City, Missouri.
- Hunter, C., Goldsmith, K., **Rhea, D. J.**, & Lantz, C. D. (1998). Assessment of delinquent behaviors in rural Missouri high school athletes and nonathletes. Missouri Association of Health, Physical Education, Recreation, & Dance (MOAHPERD), Kansas City, Missouri.
- Lantz, C.D., & **Rhea, D.J.** (1998). Muscle dysmorphia: A conceptual view of a new body image disorder. American College of Science and Medicine (ACSM) Central States Conference, St. Louis, Missouri.
- Lantz, C.D. & **Rhea, D.J.** (1998). The drive for size: Characteristics and influences of muscular dysmorphia disorder. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Cape Cod, Massachusetts. Published in Journal of Applied Sport Psychology Supplement,10, S77.
- Pease, D.G., **Rhea, D. J.**, & Zhang, J.J. (1998). Relation of selected socio-psychological factors in peer leadership behavior of female volleyball players. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Cape Cod, Massachusetts. Published in Journal of Applied Sport Psychology Supplement,10, S107.
- Rhea, D.J.** & Lantz, C.D. (1998). Violent and delinquent behavior of rural high school athletes and non-athletes. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, Cape Cod, Massachusetts. Published in Journal of Applied Sport Psychology Supplement,10, S110.
- Pease, D. G., **Rhea, D. J.**, & Zhang, J. J. (1998). Relation of goal orientations to leadership behaviors and attitudes of high school female volleyball players. North American Society for Psychology of Sport and Physical Activity (NASPSA) Conference, St. Charles, Illinois. Published in Journal of Exercise and Sport Psychology, 20, S13.
- Rhea, D. J.**, Mathes, S. A., & Hardin, K. (1998). Interpersonal Process Recall (IPR): The use of video recall to enhance performance of collegiate tennis players. American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Reno, Nevada. Published in Research Quarterly, 69, SA114.
- Rhea, D. J.**, & Leslie, D. (1997). Current trends and future of teacher education. Iowa Association for Health, Physical Education, Recreation, & Dance (IAHPERD) Conference, Des Moines, Iowa.

- Rhea, D. J.** (1997). Comparisons of at-risk eating disorder behaviors of suburban and urban adolescent female athletes. Association for the Advancement of Applied Sport Psychology (AAASP) Conference, San Diego, California. Published in Journal of Applied Sport Psychology Supplement, *9*, S148.
- Pease, D. G., **Rhea, D. J.**, & Zhang, J. J. (1997). Relationship of athlete socio-psychological factors to coach perception of leadership behaviors of female volleyball athletes. Association for the Advancement of Applied Sport Psychology (AAASP), San Diego, California. Published in Journal of Applied Sport Psychology Supplement, *9*, S140.
- Rhea, D. J.**, Byars, K., Weekes, E. M., & Jambor, E. A. (1997). The relationship between levels of tension and happiness and disordered eating behaviors. American Association of Health, Physical Education, Recreation, and Dance (AAHPERD), St. Louis, Missouri. Published in Research Quarterly, *68*, S106.
- Rhea, D. J.**, Carter, S., Weekes, E. M., & Jambor, E. A. (1997). The relationship between life style behaviors and perceptions of physical self in female volleyball players. American Association of Health, Physical Education, Recreation, and Dance (AAHPERD), St. Louis, Missouri. Published in Research Quarterly, *68* (suppl. 1), 103.
- Rhea, D. J.**, Pease, D. G., & Zhang, J. J. (1996). Socio-psychological factors affecting the desire of female volleyball players to be team leaders. Association for the Advancement of Applied Sport Psychology (AAASP), Williamsburg, Virginia.
- Pease, D. G., **Rhea, D. J.**, & Zhang, J. J. (1996). Congruence of coach perceptions and athlete self-evaluation of leadership behaviors. Association for the Advancement of Applied Sport Psychology (AAASP), Williamsburg, Virginia. Published in Journal of Applied Sport Psychology Supplement, *8*, S172.
- Rhea, D. J.** (1996). Prevalence of eating disorders in an ethnically diverse urban high school female population. Association for the Advancement of Applied Sport Psychology (AAASP), Williamsburg, Virginia. Published in Journal of Applied Sport Psychology Supplement, *8*, S82.
- Rhea, D. J.** (1995). The sport psychologist as part of the risk management team: Athletes and eating disorders. Association for the Advancement of Applied Sport Psychology (AAASP), New Orleans, Louisiana.
- Rhea, D. J.**, Wiginton, K., & Jambor, E. (1994). Identification and awareness of eating disorders among high school and college athletes. Texas Association of Health, Physical Education, Recreation, and Dance, Austin, Texas.
- Rhea, D. J.** (1994). Eating behaviors, weight, and menstrual function of high school female athletes. Association for the Advancement of Applied Sport Psychology (AAASP), Lake Tahoe, California.
- Rhea, D. J.** (1993). The perspectives of coaches and high school female athletes on eating disorders. Texas Association of Health, Physical Education, Recreation, and Dance, Galveston, Texas.
- Rhea, D. J.** (1993). The prevalence of eating disorders among high school female athletes. Association for the Advancement of Applied Sport Psychology (AAASP), Montreal, Canada.

Rudisill, M. E., Fischman, M., Kozub, S. A., **Rhea, D. J.**, & Burgess, B. (1993). Planning macroscopic aspects of manual control: A preliminary developmental investigation. North American Society for the Psychology of Sport and Physical Activity (NASPSA), Clearwater, Florida.

**Rhea, D. J.**, & Pease, D. G. (1992). Social psychological variables influencing cheerleader performance. Association for the Advancement of Applied Sport Psychology (AAASP), Savannah, Georgia.

Weekes, E. M., Rudisill, M. E., Jambor, E. A., & **Rhea, D. J.** (1992). The role of exercise duration and intensity in the reduction of cognitive and somatic anxiety. North American Society for the Psychology of Sport and Physical Activity (NASPSA), Pittsburgh, Pennsylvania.

**Editorships, Consultantships, Professional and Creative Activities:**

NASPE PE Steering Committee, 2011-2014.

Associate Editor, *Journal of Physical Education, Recreation, & Dance*, 2008-2011

Associate Editor, *Journal of Health Promotion*, 2009-2012

Editorial Board, *Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD) Journal*, 2010-2013

Trustees, Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD), 2010-2013

Nominating Committee for VP-elect for College – Member & Chair, Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD), 2008-2010

Vice President of the College Division, Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD) 2004-2007

Consultant with Fort Worth ISD - physical education in the schools 2001-present

Consultant with Belton ISD – physical education in the schools grades 6-12 2006 & 2007

Consultant with Trinity Valley School grades K-5, Ft. Worth, TX, 2007-2009

Consultant with numerous TCU athletes: volleyball, golf, tennis, swimming, etc. 2002-present

Chair, NASPE Sport Psychology Academy 2001-2004

Chair, Measurement and Evaluation Committee, TAHPERD 2000-2003

Chair, Psychosocial Resource Advisory Team, USA Volleyball Association 2000-present

Member, Continuing Education Committee, Association for the Advancement of Applied Sport Psychology, 1998-2001

Associate Editor, AASP Newsletter 1995-1998.

Research Consortium Psychology Review Panel, American Alliance of Health, Physical Education, Recreation, and Dance

Member, Iowa Obesity Task Force – 1997-1999

Member, State of Iowa Physical Education Task Force – 1998-1999

Psychosocial Resource Advisory Team, USA Volleyball Association - 1996-2000

Reviewer, *Journal of Physical Activity & Health*, 2004-present

Reviewer, *The Sports Psychologist*, 2007-present

Reviewer, *Journal of Applied Social Psychology*, 2009-present

Reviewer, *Qualitative Research in Sport and Exercise*, 2009 - present

Reviewer, *Journal of Sports Science & Medicine*, 2004- present

Reviewer, *Journal of Exercise and Sport Psychology*, Fall 1998-present

Reviewer, *Journal of Adolescence*, Fall 1998-present

Reviewer, *Journal of Applied Sport Psychology*, 1997-present

Reviewer, *Journal of Physical Education, Recreation, and Dance*, 1996-present

Reviewer, *Strategies*, 1997-present

Reviewer, *Women in Sport and Physical Activity Journal*, 1997-present

Reviewer, *USA Volleyball*, 1997-present

Reviewer, *Sex Roles*, 2006

**Community Activities (related to professional skills): some examples of my work**

**Rhea, D.J.** (Dec. 2012). A Transformational Journey: Finland to Texas Educational Reform. Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD), General Session Invited Speaker.

**Rhea, D.J.** (Jan - Dec 2012). Keys to Stress: Unlocking your potential. TCU Human Resources Lecture Series. Several presentations throughout the year.

**Rhea, D.J.** (Sept, 2011). Keys to Stress: Unlocking your potential. Community Lecture for Mature Adults.

**Rhea, D.J.** (2002-present). Invited Speaker/Facilitator for over 15 School District In-services every year

**Rhea, D.J., & Pope, C.** (2002). Lead-up games that work! Texas Association of Health, Physical Education, Recreation, & Dance Conference, Fort Worth, Texas.

**Rhea, D.J.** (2002-2011). Interviewed by many in different news media about obesity, physical education, sport appropriate activities, eating disorders

**Rhea, D.J.** (2001). Why physical educators are important in the 21<sup>st</sup> Century. Invited speaker for teachers and principals in the Fort Worth area. Sponsored by Fort Worth Association of Health, Physical Education, Recreation, and Dance Meeting.

**Rhea, D.J., & Pope, C.** (2001). Movin' and shakin' with the horned frogs. Texas Association of Health, Physical Education, Recreation, & Dance Conference, Corpus Christi, Texas.

**Memberships in Professional Organizations:**

American Alliance for Health, Physical Education, Recreation and Dance (NASPE; Research Consortium Fellow)

Association for the Advancement of Applied Sport Psychology (AASP)

Texas Association for Health, Physical Education, Recreation, and Dance

Women's Sports Foundation

**Professionally Related Honors and Awards:**

2012 Southern District AAHPERD Scholar Award – Awarded by Southern District American Alliance for Health, Physical Education Recreation, & Dance (AAHPERD) – Researchers from 13 different states were considered for this award.

2012 Professional Woman of the Year – Honored by National Association of Professional Women

2011 TAHPERD Scholar Award – Awarded by Texas Association of Health, Physical Education, Recreation, & Dance (TAHPERD)

Marquis' 2011 Who's Who in Medicine and Healthcare

Dean's Teaching Award – Awarded by TCU (2008)

Research Consortium Fellow – Awarded by AAHPERD Research Consortium

Health Care Hero award – Dallas Business Journal (2007)

University of Houston Outstanding Alumna Award (2007)

Michael R. Ferrari Award: Nomination for Distinguished University Service and Leadership (2006)

Dean's Research Award –Finalist for TCU University Award – (2005)

Who's Who Among America's Teachers (2005-2010)

2005 Preferred Professor – Mortar Board Senior Honor Society



